



# **EUROARM** **LOUTRAKI 2019**

**EUROPEAN ARMWRESTLING AND  
PARA-ARMWRESTLING CHAMPIONSHIP**

[www.euroarm-loutraki2019.com](http://www.euroarm-loutraki2019.com)

**INVITATION PACKAGES**





# EUROARM LOUTRAKI 2019

EUROPEAN ARMWRESTLING AND  
PARA-ARMWRESTLING CHAMPIONSHIP

## INVITATION PACKAGES

**XXIX EUROPEAN ARMWRESTLING CHAMPIONSHIP**  
**XXII EUROPEAN PARA-ARMWRESTLING CHAMPIONSHIP**  
**XXII EUROPEAN DEAF-ARMWRESTLING CHAMPIONSHIP**

14.05.2019 – 23.05.2019, LOUTRAKI - GREECE

### Latest

Start date for online registration:	18 March 2019
Visa application:	01 April 2019
Hotel and transfers reservation:	01 May 2019
End of online registration:	01 May 2019
Para-Armwrestling Classification files:	01 May 2019

The European Armwrestling Federation (EAF) would like to officially **invite you** as an EAF member country **to attend the 29<sup>th</sup> European Armwrestling Championship, 22<sup>nd</sup> European Para-Armwrestling Championship and 22<sup>nd</sup> European Deaf-Armwrestling Championship**, which will be held in **Loutraki - GREECE, from 14<sup>th</sup> of May to 23<sup>rd</sup> of May 2019.**

**2019 European Armwrestling & Para-Armwrestling Championship** will be hosted by Hellenic Armwrestling Federation with the support of **Sport Travel Loutraki**. They prepare to receive over 30 participating countries and over 1000 competitors and participants.

Teams are expected to make arrangements for receiving VISA's for each member of their team if is necessary. Once your visa has been approved, you need to contact the Host Organizing Committee (HOC) to make transportation and hotel arrangements.

You will find all the information you require in this package, should you require further information please do not hesitate to contact us at [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com) (Greek, English, Russian) or [mircea@waf-armwrestling.com](mailto:mircea@waf-armwrestling.com) (English, Russian).

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## Appendix A SCHEDULE OF EVENTS / ПРОГРАММА СОРЕВНОВАНИЯ

**Tuesday / вторник 14.05.2019 Teams arrival / ПРИБЫТИЕ КОМАНД**

**Wednesday / среда 15.05.2019 @ Ramada Hotel**

09:00 **TEAM REGISTRATION / РЕГИСТРАЦИЯ КОМАНД**

10:00 **CLASSIFICATION** (para-athletes, weigh-in for not confirmed para-athletes)

**Thursday / четверг 16.05.2019 @ Ramada Hotel**

09:00 **WEIGH-IN / ВЗВЕШИВАНИЕ JUNIORS 15, 18, 21, Para-Athletes** (Confirmed para)

10:00 Referee Seminar / Семинар Арбитров

12:00 Classification Seminar / Классификационный семинар

14:00 Technical Meeting / Техническая встреча

15:00 Technical Meeting Classification / Техническая встреча по классификации

18:00 **EAF CONGRESS MEETING/КОНГРЕСС EAF**

**Friday / пятница 17.05.2019 Day 1 @ Venue**

09:00 **Opening Ceremony / Церемония открытия**

09:30 **LEFT ARM / ЛЕВАЯ РУКА – Juniors 15, Juniors 18 & Youth 21**

16:30 Finals, awards, antidoping / Финал, церемония награждения, допинг тестирование

**Saturday / суббота 18.05.2019 Day 2 @ Venue**

09:30 **RIGHT ARM / ПРАВАЯ РУКА – Juniors 15, Juniors 18 & Youth 21**

10:00 **WEIGH-IN/ ВЗВЕШИВАНИЕ – all Master Classes**

16:30 Finals, awards, antidoping / Финал, церемония награждения, допинг тестирование

**Sunday / воскресенье 19.05.2019 Day 3 @ Venue**

09:30 **LEFT ARM / ЛЕВАЯ РУКА – all Disabled & Master classes**

16:30 Finals, awards, antidoping / Финал, церемония награждения, допинг тестирование

**Monday / понедельник 20.05.2019 Day 4 @ Venue**

09:30 **RIGHT ARM / ПРАВАЯ РУКА – all Disabled & Master classes**

10:00 **WEIGH-IN/ ВЗВЕШИВАНИЕ SENIORS**

16:30 Finals, awards, antidoping / Финал, церемония награждения, допинг тестирование

**Tuesday / вторник 21.05.2019 Day 5 @ Venue**

09:30 **LEFT ARM / ЛЕВАЯ РУКА – Seniors**

16:30 Finals, awards, antidoping / Финал, церемония награждения, допинг тестирование

**Wednesday / среда 22.05.2019 Day 6 @ Venue**

09:30 **RIGHT ARM / ПРАВАЯ РУКА – Seniors**

16:30 Finals, awards, antidoping / Финал, церемония награждения, допинг тестирование

21:00 Closing ceremony / Церемония закрытия

**Thursday / четверг 23.05.2019 Teams departure / ОТБЫТИЕ КОМАНД**

### Appendix B

### WEIGHT CLASSES AND AGE GRUPS

		WEIGHT CLASS (kg)												
SUB-JUNIOR 15	M	-45		50	55	60	65	70	+ 70 kg					
BY: 2004, 2005	F	- 40	45	50	55	60	70	+ 70 kg						
JUNIOR 18	M	- 50			55	60	65	70	75	80	+ 80 kg			
BY: 2001, 2002, 2003	F	-45		50	55	60	65	70	+ 70 kg					
YOUTH 21	M	- 55			60	65	70	75	80	85	90	+ 90 kg		
BY: 1998, 1999, 2000	F	- 50			55	60	65	70	+ 70 kg					
SENIOR	M	- 55			60	65	70	75	80	85	90	100	110	+110
BY: all ages	F	- 50			55	60	65	70	80		90		+ 90 kg	
MASTERS	M	- 70						80		90		100	+ 100 kg	
BY: 1979, 1978, 1977...	F	- 60					70		80		+ 80 kg			
GRAND MASTERS	M	- 70						80		90		100	+ 100 kg	
BY: 1969, 1968, 1967...	F	- 60					70		80		+ 80 kg			
Senior Grand MASTERS	M	- 75						90			100	+ 100 kg		
BY: 1959, 1958, 1957...														
Physical (PID) sitting	M	- 55			65		75		+ 75 kg					
BY: all ages	F	- 65						+ 65 kg						
Physical (PIU) standing	M	- 60			70		80		90		+ 90 kg			
BY: all ages	F	- 65						+ 65 kg						
YOUTH 23 Physical (PIU)	M	- 55			+ 55 kg									
BY: 1996, 1997, 1998... standing	F	- 50			+ 50 kg									
Physical (PIDH) sitting	M	- 80							+ 80 kg					
Physical (PIUH) standing	M	- 85								+ 85 kg				
Visual (VI) standing	M	- 60			70		80		90		100	+ 100 kg		
BY: all ages	F	- 60			70		+ 70 kg							
Hearing (HI) standing	M	- 60			70		80		90		100	+ 100 kg		
BY: all ages	F	- 60			70		+ 70 kg							

BY: Birth Year

PID: Physical Impairment athletes, sitting

PIU: Physical Impairment athletes, standing

PIDH: Physical Impairment athletes with upperlimbs impairment, sitting

PIUH: Physical Impairment athletes with upperlimbs impairment, standing

VI: Visual impairment athletes, standing

HI: Hearing impairment athletes, standing

AGE GROUPS						
2005, 2004	2003-2001	2000-1998	1997-1978	1979-1970	1969-1960	1959, 1958...
Sub-Juniors 15 (K, KW)	Juniors 18 (J, JW)	Youth 21 (Y, YW)	Seniors (M, W)	Masters (V, VW)	Grand Masters (GV, GVW)	Senior Grand Masters (SGV)
Seniors all ages (M, W)						

### TEAM TROPHIES for the EUROPEAN ARMWRESTLING CHAMPIONSHIP

- **Over all** (all classes except disabled classes)
- **Junior** Women and Men (Sub-Junior 15, Junior 18 and Youth 21 classes)
- **Masters** Women and Men (Master, Grand Master and Senior Grand Master classes)
- **Senior** Women and Men (Senior classes)

### TEAM TROPHIES for the EUROPEAN PARA-ARMWRESTLING CHAMPIONSHIP

- **Overall Women** (Youth 23 and senior classes for women)
- **Overall Men** (Youth 23 and senior classes for men)

### POINTS DISTRIBUTION:

According with the approved pointing system (WAF Congress 2016) from 2017, Team classification will be made based on Gold, Silver and Bronze medals.

Only in case that two teams have the same number of gold, silver and bronze medals the position of the two will be established by the following pointing system:

1 <sup>st</sup> place = 10 points	4 <sup>th</sup> place = 4 points	7 <sup>th</sup> place = 1 point
2 <sup>nd</sup> place = 7 points	5 <sup>th</sup> place = 3 points	
3 <sup>rd</sup> place = 5 points	6 <sup>th</sup> place = 2 points	

Additionally, for the para-athletes the quadrennial qualification system, Para-Armwrestling Qualification Rules apply starting October 2018.



## APPENDIX C

## TRAVEL INFORMATION

### GREECE – Hellenic Republic

Population: 10.8 million | Language: Greek | Currency: EURO, 1 € = 1,13 \$ | Dialling code: +30



### LOUTRAKI

#### GETTING TO LOUTRAKI

##### By plane:



Athens International Airport "El. Venizelos" (ATH)  
<https://m.aia.gr/>

Athens International Airport "El. Venizelos" (ATH) has direct flights from many cities in Europe. It is well connected to other parts of Greece with daily direct flights from Thessaloniki and Heraklion.

Loutraki is 1 hour from the Athens International Airport "El. Venizelos" and is easily accessible via the Olympia High Way, Attiki High Way (A6/ E94) and the Suburban Railway.

Transfers from the airport to the official hotels and return are available only by booking at the price of 20 € per trip. Book your transfers at [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com). For transfers not booked in advance the price is 50 € per trip and only upon availability. The host cannot be held responsible for not booked transfers.

## By car:

**Fuel price:** Unleaded 1,7 € per litre, Diesel: 1,4 € per litre

Driving distances from Loutraki to:

Bratislava	1.730 km	Istanbul	1.160 km	Paris	2.500 km	Sofia	860 km
Bucharest	1.250 km	Kiev	2.160 km	Prague	2.050 km	Vilnius	2.880 km
Budapest	1.540 km	Minsk	2.640 km	Riga	3.080 km	Tallinn	3.390 km
Frankfurt	2.490 km	Moscow	3.350 km	Roma	1.230 km	Warsaw	2.400 km

## Car Rental:

<https://lmtours.gr/el/>

## By Train:

Suburban Line: Athens International Airport – Koropi - Ano Liosia

The line connects directly Athens International Airport «Eleftherios Venizelos» to the station Ano Liosia. A station before Ano Liosia there is connection by suburban railway from «Kato Acharnai» to Corinth. From there the passengers have the possibility to be transferred to Loutraki by taxi.

For the international connections please contact your local rail.

**By Bus:** Please contact your local international transport company or the Host.



## APPENDIX D

## VISA AND TRANSPORT INFORMATION

### VISA

All **visa applications** should be sent **before 1<sup>st</sup> of April 2019**. After this date the Host cannot be held responsible for visa formalities.

Participants from countries in need of Greek entry visas will have to apply for entry visas before 01.04.2019. Upon request, the Organizers shall send the invitation letter to the participants in order to arrange their visas throughout the Hellenic diplomatic consular authorities in their countries.

In order to receive the invitation letter, the participants must have confirmed their reservation through the official site of the organization and send to [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com) the following information:

***First name / Last name / Date of birth / Passport No / Passport Expiring date***

Copy of passport is necessary for VISA requirements.

### CHAMPIONSHIP TRANSPORT

#### TRANSFER AIRPORT – HOTEL - AIRPORT

Transfers from the airport to the official hotels and return are available only by booking at the price of 20 € per round trip.

Book your transfers before 1<sup>st</sup> of May 2019! For transfers not booked in advance the price is 50 € both ways and only if the host have availability.

Team captain do booking transfers for all team. Payment for the transfer must be done 100% in advance.

Please provide following details: arrival airport, date, time of arrival and departure (flight time), flight number.

**The transfer service schedule will be available one week before.**

#### HOTEL – VENUE - HOTEL

The host will organize transfers from the hotels to the venue and return. The schedule will be available at the hotels and in the venue. Buses will not wait! Delayed participants will have to arrange self-transfer to the venue or hotel. Transfers will be made only based on the competition badge.

## APPENDIX E

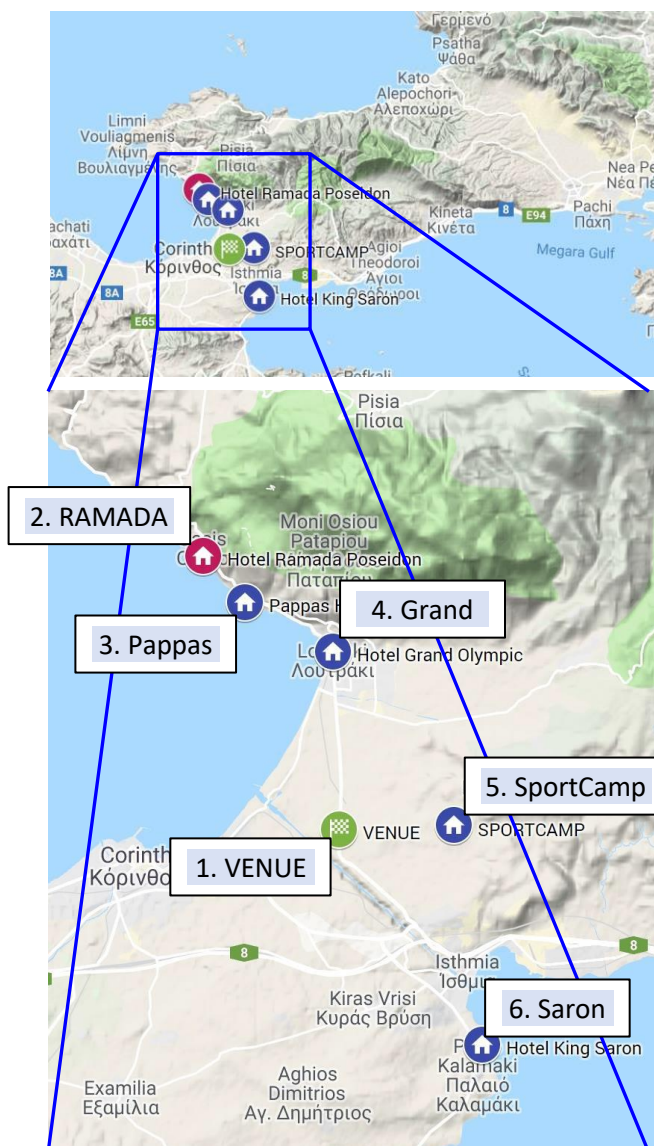
## HOTEL AND VENUE INFORMATION

- **All reservations will be made in written only by e-mail at [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com).**  
Phone: +30 27440 66860 (ext. 137) (English, Russian and Greek)
- **ALL NATIONAL TEAMS MUST ACCOMMODATE ONLY IN THE OFFICIAL HOTELS APPOINTED BY HOST COUNTRY AND RESERVATIONS WILL BE MADE ONLY WITH THE HOST FEDERATION, OTHERWISE THE COMPETITORS WILL NOT HAVE THE RIGHT TO COMPETE IN THE CHAMPIONSHIP (WAF & EAF APPROVED RULE).**
- The Organizing Committee will provide the hotel that best meets team's needs. Reservations will be subject to availability and the payments received.
- The Organizing Committee will dispatch rooms according to the number of participants of each team and the needs of accessibility. All room prices include breakfast and transport to/from event.
- **The payment can be done by bank transfer, minimum 30 % in advance, latest 15<sup>th</sup> of April 2019.** After this date the prices may change and the organizer cannot guarantee the availability of accommodation.
- Reservations not confirmed or not paid will be automatically cancelled.
- Payments made cannot be refunded.
- A deposit for the minibar may be requested by Hotels reception.
- Team accommodation will be arranged before check-in with the Host Organizer to whom teams will pay accommodation balance if it is the case and other services ordered.
- Teams arriving from the airport will wait at their hotels until check-in formalities are fulfilled with the organizer by their team captains.
- Check-in time is 14:00 and check-out time is 12:00. Early check-in or late check-out must be confirmed with the organizer. Extra costs may be requested by Hotels.

# EUROPEAN ARMWRESTLING AND PARA-ARMWRESTLING CHAMPIONSHIP

**EUROARM**  
LOUTRAKI 2019

## EVENT MAP



### 1. **VENUE G. Galanopoulos**

Indoor sport-hall "G. Galanopoulos"  
Κλειστό Γυμναστήριο "Γ.Γαλανόπουλος"  
Loutraki-Perachora 203 00, Greece  
<https://goo.gl/maps/6aFoTRukafw>

### 2. **RAMADA Poseidon Hotel 5\***

Thesi Boutsi, Loutraki 203 00, Greece  
<https://goo.gl/maps/Xi3nmJhcry22>

### 3. **Pappas Hotel 3\***

Pezoulia Pefkaki Loutrak,  
Loutraki 203 00, Greece  
<https://goo.gl/maps/mHBwAuuDVWs>

### 4. **Grand Olympic Hotel 3\***

El. Venizelou str, Loutraki 203 00, Greece  
<https://goo.gl/maps/sLbmZUV18Jv>

### 5. **SportCamp Campus**

Avras, Loutraki 203 00, Greece  
<https://goo.gl/maps/Z3ggS3TrzpF2>

### 6. **King Saron Hotel 4\***

Leoforos Epidavrou, Isthmia 201 00, Greece  
<https://goo.gl/maps/v1y9T1TQtbE2>

## Distances in kilometres

	Venue	Ramada	Pappas	Grand	SportCamp	Saron
Venue	-	7,4 km	5,8 km	3,6 km	3,7 km	6,1 km
Ramada	7,4 km	-	1,8 km	3,8 km	9,9 km	13,4 km
Pappas	5,8 km	1,8 km	-	2,2 km	8,4 km	11,8 km
Grand	3,6 km	3,8 km	2,2 km	-	5,5 km	9,6 km
SportCamp	3,7 km	9,9 km	8,4 km	5,5 km	-	7,2 km
Saron	6,1 km	13,4 km	11,8 km	9,6 km	7,2 km	-



## EUROPEAN ARMWRESTLING AND PARA-ARMWRESTLING CHAMPIONSHIP

**EUROARM**  
LOUTRAKI 2019

### HOTELS – RAMADA

#### RAMADA POSEIDON RESORT 5\*\*\*\*\*

[www.ramadalousrakiresort.com](http://www.ramadalousrakiresort.com)

Thesi Boutsis, Loutraki 203 00, Greece | <https://goo.gl/maps/Xi3nmJhcry22>

**Reservations only at:** +30 27440 66860, [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com)



**→ Team Registration, Classification, Weigh-in juniors & para-athletes, Referee Seminar, Classification Seminar, Technical Meeting, EAF Congress Meeting**

Ramada Poseidon Resort Loutraki is a place where nature's treasures are wonderfully combined with the epitome of luxury and style. Incomparable vistas, premium seaside accommodation, and exquisite hospitality standards guarantee that you will love every moment of your stay in Loutraki!

The resort's privileged location allows smooth accessibility for guests to all sights and attractions of the wider area, as well as close proximity to the centre of Athens. You can visit Epidaurus, Mycenae, Nafplio and Ancient Corinth or head to the capital for a splendid day at the historic monuments that have shaped the past. Ramada Loutraki Poseidon Resort is the perfect place to be for everyone in search of a watery oasis to relax and invigorate body and mind.

Magical moments await you by the pool, where you can enjoy an iced cold colourful cocktail and soak under the Mediterranean sun. A highlight of the resort is its private beach, where you will have the opportunity to relish the crystal-clear waters of the Corinthian gulf. The hotel's various restaurants and bars, treat guests to exceptionally flavourful dishes with recipes inspired from local and international cuisines – always in the most spectacular scenery.

#### Distances:

- Venue	7,4 km
- Pappas Hotel	1,8 km
- Grand Olympic Hotel	3,8 km
- SportCamp	9,9 km
- King Saron Hotel	13,4 km

## EUROPEAN ARMWRESTLING AND PARA-ARMWRESTLING CHAMPIONSHIP

**EUROARM**  
LOUTRAKI 2019

### HOTELS – PAPPAS

#### PAPPAS HOTEL 3\*\*\*

<http://www.hotelpappas.gr/>

Pezoulia Pefkaki Loutrak, Loutraki 203 00, Greece, <https://goo.gl/maps/mHBwAuuDVWs>

**Reservations only at:** +30 27440 66860, [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com)



### → Teams accommodation

The Pappas hotel, surrounded by beautiful, well-trimmed gardens with a variety of colourful plants, has been fully refurbished and boasts 100 rooms with a view to the enchanting sea and the mountain range of Gerania.

The pool area, with a great view to the endless blue stretch of the Corinthian Gulf, is a cool oasis during the hot summer months, offering hours of relaxation on the beach chairs as well as exciting water games.

#### Rooms

The rooms in Pappas come with a mini bar, pay television and a private balcony. Some rooms include views of the sea. Each room is equipped with an en suite bathroom fitted with a bath, a shower and a hairdryer.

#### Distances:

- Venue	5,8 km
- Ramada	1,8 km
- Grand Olympic Hotel	2,2 km
- SportCamp	8,4 km
- King Saron Hotel	11,8 km

### HOTELS – GRAND

#### GRAND OLYMPIC HOTEL 3\*\*\*

<https://grandolympic.gr/hotel/>

El. Venizelou str, Loutraki 203 00, Greece | <https://goo.gl/maps/sLbmZUV18Jv>

**Reservations only at:** +30 27440 66860, [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com)



#### → Teams accommodation

Enjoying a central location close to the shops and Loutraki's beach, Grand Olympic Hotel offers the best of both worlds, along with free wireless internet access and tasty breakfast.

In the center of Loutraki city and just 50 meters from the beach of Loutraki, the Grand Olympic Hotel will be a fixed point of reference for visitors to the city. With well-refurbished facilities, constantly renewed high quality services and a new address, welcomes its guests and offers comfortable, pleasant and quiet accommodation, modern facilities and direct access to all points of the city.

It is the ideal accommodation for families and couples visiting Loutraki, with its numerous attractions, archaeological sites, the famous Monastery of Saint Patapios the lake Ireon, the wonderful beaches, mineral waters, refreshing Spa and the famed Casino.

#### Distances:

- Venue	3,6 km
- Ramada	3,8 km
- Pappas Hotel	2,2 km
- SportCamp	5,5 km
- King Saron Hotel	9,6 km



## HOTELS – SPORTCAMP

### SPORTCAMP CAMPUS

<http://www.sportcamp.gr/>

Avras, Loutraki 203 00, Greece | <https://goo.gl/maps/Z3ggS3TrzpF2>

**Reservations only at:** +30 27440 66860, [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com)



### → Teams accommodation

Rooms are either in the form of log houses or in the form of traditionally built dorms.

All rooms are fully air-conditioned, with private WC and shower cabin.

We meet even the most demanding dining needs. Visitors can enjoy lunch, dinner and drinks in the restaurant which is located in the sport center and serves Greek and international delicacies till late at night. Our fully equipped restaurant occupies an area of 650sq.m. and offers homemade menus produced of fresh natural materials, served in buffet style.

Upon request, we can adjust the menu completely to your specific diet program and cover the nutritional needs of all teams and athletes.

SPORTCAMP's restaurant is HACCP certified for foods safety.

### Distances:

- Venue	3,7 km
- Ramada	9,9 km
- Pappas Hotel	8,4 km
- Grand Olympic Hotel	5,5 km
- King Saron Hotel	7,2 km

### HOTELS – SARON

#### KING SARON HOTEL 4\*\*\*\*

[www.kingsaron.gr](http://www.kingsaron.gr)

Leoforos Epidavrou, Isthmia 201 00, Greece | <https://goo.gl/maps/v1y9T1TQtbE2>

**Reservations only at:** +30 27440 66860, [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com)



#### → Teams accommodation

Boasting its own private beach and outdoor swimming pool, Hotel King Saron is set in Isthmia. Surrounded by flowers and tree and boasting views of the Saronic Gulf, this 4-star hotel offers great accommodations in an ideal location.

Hotel King Saron provides a variety of comfortable rooms that are air-conditioned, clean and contain modern amenities such as satellite TV and telephone. All rooms have balconies that have stunning views of the sea and surrounding area. Free Wi-Fi is available in all rooms.

The buffet restaurant serves international and Greek specialties and offers a splendid view to the Saronic Gulf. Drinks are available at the lounge bar. Guests enjoy complimentary water sports such as canoe and water cycling at the private beach. Take dance classes, swim in the outdoor pool or play a round of tennis without leaving the hotel.

The nearby beach has beach volley court, providing the opportunity to enjoy sun and fun.

#### Distances:

- Venue	6,1 km
- Ramada	13,4 km
- Pappas Hotel	11,8 km
- Grand Olympic Hotel	9,6 km
- SportCamp	7,2 km

## HOTELS – PACKAGES

### PACKAGES

The Packages for **Athletes & Suporter** per person includes:

- Accommodation in double, triple and quadruple rooms
- Breakfast
- \*Dinner only in HB option
- Local transfers between hotels and the competition hall

#### ACCOMMODATION PACKAGES (4 nights per person)

HOTEL TYPE	Double room		Triple room		Family rooms (4-6 beds)	
	BB	HB	BB	HB	BB	HB
<b>Ramada Poseidon</b> Package (A)	260,00 €	280,00 €	240,00 €	260,00 €	X	X
<b>Grand Olympic / King Sharon / Pappas</b> Package (B)	220,00 €	240,00 €	200,00 €	220,00 €	X	X
<b>SportCamp Complex</b> Package (C)	X	X	180,00 €	200,00 €	160,00 €	188,00 €

#### ACCOMMODATION PACKAGES (5 nights per person)

HOTEL TYPE	Double room		Triple room		Family rooms (4-6 beds)	
	BB	HB	BB	HB	BB	HB
<b>Ramada Poseidon</b> Package (A)	325,00 €	350,00 €	300,00 €	325,00 €	X	X
<b>Grand Olympic / King Sharon / Pappas</b> Package (B)	275,00 €	300,00 €	250,00 €	275,00 €	X	X
<b>Sportcamp Complex</b> Package (C)	X	X	225,00 €	250,00 €	200,00 €	235,00 €

#### ACCOMMODATION PACKAGES (6 nights per person)

HOTEL TYPE	Double room		Triple room		Family rooms (4-6 beds)	
	BB	HB	BB	HB	BB	HB
<b>Ramada Poseidon</b> Package (A)	390,00 €	420,00 €	360,00 €	390,00 €	X	X
<b>Grand Olympic / King Sharon / Pappas</b> Package (B)	330,00 €	360,00 €	300,00 €	330,00 €	X	X
<b>Sportcamp Complex</b> Package (C)	X	X	270,00 €	300,00 €	240,00 €	282,00 €



### HOTELS – PACKAGES

ACCOMMODATION SUPPLEMENTS (per night per person)						
HOTEL TYPE	Double room		Triple room		Family rooms (4-6 beds)	
	BB	HB	BB	HB	BB	HB
<b>Ramada Poseidon</b> Package (A)	65.00 €	70.00 €	60.00 €	65.00 €	X	X
<b>Grand Olympic / King Sharon / Pappas</b> Package (B)	55.00 €	60.00 €	50.00 €	55.00 €	X	X
<b>SportCamp Complex</b> Package (C)	X	X	45.00 €	50.00 €	40.00 €	47.00 €

### EXTRA SERVICES

There are additional services that are provided during the event. In order to confirm your booking full payment must be deposited till **25<sup>th</sup> of April 2019**.

#### a. Transfers from the airport to the official hotels and return

- Transfers from the airport to the official hotels and return are available only by booking at the price of **20 €** per round trip.
- Transfers must be booked before **25<sup>th</sup> of April 2019**.
- Transfers which have not been booked in advance the price is **50 €** both ways and only upon availability.
- Please provide following details: arrival airport, date, time of arrival and departure (flight time), flight number.

#### b. Lunch at Sports Hall

- Two meals vouchers **28,00 €**
- Four meals vouchers **52,00 €**
- Lunch at one of three 3\* Hotels **16,00 €**
- Lunch at Ramada Poseidon Hotel **20,00 €**
- One meal without voucher on the site **18,00 €** ( upon Availability)

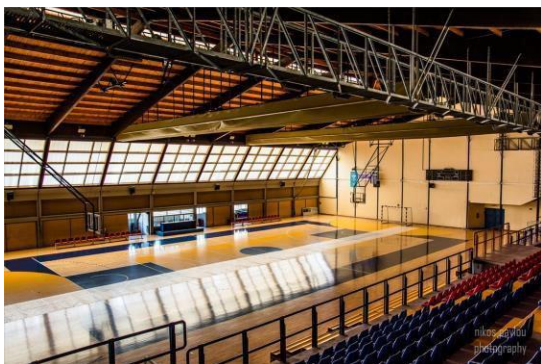
#### d. Dining

- Throughout the dates of the event, participants and supporters, which have selected HB packages will have dinner at their hotels.
- Also, during the event and in a special dining area named "Castello Hall", next to the Competition Hall (50m), will have the option of having lunch by buying meal coupons in advance.
- In this way, participants / escorts can avoid having to return to their hotels or to the city center for having lunch during the Games.

## VENUE / SPORT HALL

### MUNICIPALITY INDOOR HALL "GEORGE GALANOPOULOS"

<https://goo.gl/maps/dAZctnzFnns>



- Floor Material: WOODEN PARQUET
- First Aid room
- Physiotherapy - Massage: YES
- Permanent seats: 1.062
- Folding seats: 392
- Cafe
- VIP Meeting Rooms for Referees & Technical Meeting
- Rooms for weigh-in
- Room for Doping Control
- Locker rooms
- Parking lots
- Wheelchair accessibility
- Wi-fi



→ **Here will happen: Opening ceremonies, Championships, awarding ceremonies, anti-doping, 2<sup>nd</sup> and 3<sup>rd</sup> Weigh-ins**

## APPENDIX F

## TEAM REGISTRATION PROCEDURES

### ONLINE Registration

Team Registration will be made before the championship **ONLY ONLINE** at <http://registration.waf-armwrestling.com>

**TEAMS THAT DO NOT REGISTER ONLINE WILL NOT BE ACCEPTED IN THE COMPETITION!**  
 Technical support will be assured during the online registration upon request at [mircea@waf-armwrestling.com](mailto:mircea@waf-armwrestling.com)

The online registration will be open on 18<sup>th</sup> March 2019 and will close on 1<sup>st</sup> of May 2019.

### TEAM REGISTRATION

**RAMADA POSEIDON RESORT, Wednesday 15.05.2019 between 09<sup>00</sup>-15<sup>00</sup> according with the schedule.**

**TEAMS THAT DO NOT MAKE THE TEAM REGISTRATION AT THE HOTEL WITHIN THE SPECIFIED TIME WILL HAVE TO PAY A LATE REGISTRATION FEE IN VALUE OF 250 € / TEAM / APPOINTMENT.**

#### Procedure

##### **Team representing person:**

Only one person will register their team.

The Representative will bring the final Team Registration form, stamped and signed.

##### **EAF Representative will then:**

Check and accept the Registration Form, collect all registration fees, prepare official receipt, deliver the Weigh-in tickets needed by athletes at weigh-in.

All teams are obliged to fill online registration (<http://registration.waf-armwrestling.com>) form and send their registration forms (PDF file) to the General Secretary of WAF until **6<sup>h</sup> of May 2019.**

The registration order depends on the first log in request received by the General Secretary.

##### **Multiple entries registration:**

Sub-Juniors 15 years cannot register in Junior 18 years or Youth 21 years classes.

Juniors 18 years cannot register in Youth 21 year classes.

Sub-Juniors 15 years, Juniors 18 years and Youth 21 years can register in Seniors classes.

Masters can register in only one master class.

Disabled athletes can register in any able athlete's classes if the Classification Panel approve.

##### **Fees:**

Annual membership: 300 Euro / member

Senior fee: 40 Euro per class per arm

Junior fee: 20 Euro per class per arm

Fees paid due wrong registration of multiple entries will not be refunded.

\* Fees were updated during the EAF Continental meeting in Antalya-Turkey 2018.



### WEIGH-IN PROCEDURES

**1<sup>st</sup> Weigh-in Thursday 16<sup>th</sup> of May 2019, starting 09:00 at the Ramada. (sub-juniors 15, juniors 18, youth 21, confirmed para-athletes)**

**2<sup>nd</sup> Weigh-in Saturday 18<sup>th</sup> of May 2019, starting 10:00 at the Venue. (all masters)**

**3<sup>rd</sup> Weigh-in Monday 20<sup>th</sup> of May 2019 starting 10:00 at the Venue (all seniors).**

The weigh-in order depends on the first log in request received by the General Secretary if the team send by e-mail on time the Registration form.

A schedule will be available 7 days before the weigh-in.

Team Captain must be present with the Team during weigh-in procedure in order to answer any questions.

**Each competitor will have the original and a copy of the his/her passport or ID with picture.**

Each team captain will prepare the team for weigh-in in the following order:

Ladies 50, 55, 60 kg and continue...

Men 55, 60, 65 kg and continue...

#### **Please note:**

If a competitor does not make weight, they have time until 15:00 to come back to the scale.

A test scale will be available for competitors.

A competitor has the right to go at the official weigh-in scales only two times.

A competitor may only do the second weigh-in between other countries.

A competitor may weigh-in to their normal weight or register one weight class higher.

#### **Official Event Badges:**

Once the competitor has weighed-in, they will have a picture taken for their Official Competitor Badge.

After finishing the procedure, the competitor must then leave the Weigh-in room.

The Team Captain will wait until all the team athletes will be registered and pictures taken.

Once the full Team is completed, the Team Captain will receive all competitor badges at the evening of the weigh-in day.

Any Team Officials (Referee, Presidents and Coach) with a Country must be present at Weigh-in to have photo and badge prepared. Badges must be worn all the time during competitions days.

#### **WEIGH-IN PROCEDURE FOR ATHLETES**

1. The athlete must provide to EAF weigh-in officers:
  - a) Photocopy and original of the identity document (Passport, Photo ID)
  - b) Weigh-in ticket received by the Team Captain at the Team Registration.
2. If necessary athlete can undress before step onto the official scale.
3. The athlete does the weigh-in and his weight is written down in the official WAF forms.
4. If the athlete did not manage to make the weight for the needed category, he has the right to do a second weigh-in till 15:00.
4. If an athlete managed to do the weight for the needed category, after having his weight registered in the WAF forms, he must go to the free weigh-in officer to take a photo.
7. Athlete takes his official competitor badges from his Team Captain.

## APPENDIX G

## CLASSIFICATION FOR PARA-ATHLETES

**The classification and weigh-in for para-athletes will be held on Wednesday 15<sup>th</sup> of May 2019, starting 10:00 at Ramada.**

All the para-athletes who have to be classified must arrive on time for the classification session.

Classifiers will not accept in the schedule teams arriving on classification day.

Classification will only be held for registered participants of the championship.

For athletes that need to be classified, a medical intake form, translated in English, is mandatory. It must be emailed to the chief classifier by **1<sup>st</sup> of May 2019** at [classification@waf-armwrestling.com](mailto:classification@waf-armwrestling.com)

If this information will not be submitted by email before this date, the athlete will not be classified and therefore, will not be eligible to participate in the Championship.

There will be only 1 panel of VI classifier. In case of protests, it will not be possible to have a new classifications on place. It would be done on another event with a VI classification session.

## CLASSIFICATION TRAINING

**The classification training seminar will be held on Thursday 16<sup>th</sup> of May 2019 starting 12:00 in Ramada.**

Training, testing and certification.

The course is open to any interested person with a medical or physiotherapy/ sports Science backgrounds who wish to become classifier.

In order to take part, participants must register to the course latest **1<sup>st</sup> of May 2019** at [classification@waf-armwrestling.com](mailto:classification@waf-armwrestling.com) and ask for confirmation.

Trainee classifiers who wish to complete their International Classifiers training will be required to attend other WAF competitions.

Coaches and other trainers who are interested in classification may attend for information and education purposes.

## APPENDIX H

## ORGANIZER'S COMMITTEE

### HOST ORGANISING COMMITTEE

All requirements should be sent in writing at [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com).  
Reply or confirmation will be sent within 3 working days.



#### SPORT TRAVEL:

(English, Russian, Greek speaking)

✉ [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com)

☎ **+30 27440 66860 (extension 137)**

**+30 27440 23999**

💻 [www.euroarm-loutraki2019.com](http://www.euroarm-loutraki2019.com)

- Visa & Invitations
- Accommodation & Transfers



#### Hellenic Armwrestling Federation:

(Russian, Greek speaking)

• +30 69723 15421

• [pfilikidis@gmail.com](mailto:pfilikidis@gmail.com)



#### Host Organising Committee

President: Mr. Spiros KARAVOULIS

Event Director: Mr. Nikos KERASOVITIS

#### Please contact EAF for all other aspects:

- Teams registration / Weight-in / Classification,
- Anti-doping / Referees, Officials, Technical,
- Broadcasting

### EUROPEAN ARMWRESTLING FEDERATION (EAF):

Assen Hadjitodorov – President  
(English, Russian speaking)

• [asenhdj@mail.bg](mailto:asenhdj@mail.bg)

• +359 888 968541

Mircea Simionescu-Simicel – General Secretary  
(English speaking)

• [mircea@waf-armwrestling.com](mailto:mircea@waf-armwrestling.com)

• +40 746 22222 9





## REPRESENTATIVES – SPONSORS – AUSPICES – PARTNERS

### REPRESENTATIVES

- EUROPEAN ARMWRESTLING FEDERATION
- HELLENIC ARMWRESTLING FEDERATION
- SPORT TRAVEL Loutraki
- SPORT VILLAGE TOURS

### AUSPICES

- PERFECTURE OF PELOPONNESE
- MUNICIPALITY OF LOUTRAKI – AG. THEODOROI
- LOUTRAKI TOURISM ORGANISATION

### SPONSORS

- YPANEMA
- VERANIKI Virgin Oil

## APPENDIX I

## VISITORS / TOURISTIC INFORMATION



### LOUTRAKI

Loutraki is a unique destination, ideal for tourism on a year-round basis, located 80km from the city of Athens and 3km from Korinthos, in the entrance of the Peloponnese. It is a seaside spa city resort on the Corinthian Gulf acclaimed for its healing thermal waters since antiquity. Loutraki comprises all the elements that collectively offer tourists an integrated visit, full of inspiring experiences. The mild Mediterranean climate, the crystal clear sea water and the beautiful beaches combined with a fascinating natural environment, blended by the coexistence of mountain – sea. The unique combination of the climatic conditions and the rare natural environment found in Loutraki, constitute a haven that provides limitless opportunities for summer & winter vacations.

Loutraki boasts significant tourist infrastructure showcasing a total of 50 hotels & 5.500 beds, amongst which, the high quality, 5 star hotels Club Hotel Loutraki & Wyndham Ramada Poseidon Resort. Casino Loutraki is one of the most reputed gaming halls throughout Europe, featuring inside its premises 87 gaming tables, 1.000 ultra-modern slot machines and a VIP room.

Loutraki is the top destination for thermal waters in Greece and one of the most acclaimed spa city resorts in Europe and all around the world. The water derived from the Loutraki natural thermal springs was characterized as “The Water of Life” since antiquity. The geothermal springs derive from many faults of the coastal area in a 750m-wide zone. The natural spring hot waters, at the bottom of Geraneia Mountains, are discharged from a great mineral depth. During its journey towards the surface, the pure spring water is being filtered through porous layers and it is so greatly enriched with precious trace elements, salts and minerals, that its healing properties make it a very strong health ally. The modern Loutraki Thermal Spa is an impressive establishment where visitors enjoy balneology, spa treatments and wellness sessions in a luxurious environment.

## ACTIVITIES IN LOUTRAKI

**Loutraki** is a seaside resort on the Gulf of Corinth, in Corinthia, Greece.

It is located 81 kilometres west of Athens and 8 kilometres northeast of Corinth.

Loutraki is the seat of the municipality Loutraki-Perachora-Agioi Theodoroi.

The town is well known for its vast natural springs and its therapeutic spas.

### Things to do:

- **CASINO Loutraki** is one of the most reputed gaming halls throughout Europe, featuring inside its premises 87 gaming tables, 1.000 ultra-modern slot machines and a VIP room. Furthermore, the private and luxurious VVIP hall "THOLOS" is available to Greek and international jet setters. The Casino operates 24 hours a day.

- **Visitors discover that Loutraki is the city that never sleeps!**

The vibrant **NIGHTLIFE** with numerous seaside bars and clubs is enchanting and upbeat. Proposals for nightlife in Loutraki are various and meet all types of preferences, following the modern trends in architecture and interior designing.

- Loutraki is the birthplace of the **Greek THERMALISM** and it is characterized as the premier SPA resort of Greece.

**LOUTRAKI THERMAL SPA** is located in the city of Loutraki, in the north cove of the Corinthian Gulf. It has been a famous place for its healing waters since the ancient times, then called "Thermae" and owes its name to the thermal baths, which were located above the thermal springs.

"Greek", states that Spartan soldiers after battles resorted to the curative waters of the Thermae to rest and rejuvenate, in the today's city of Loutraki.

Loutraki, with reference to the thermal baths, was identified as a metropolitan center of tourism in Greece and the first treatment station.

- Loutraki is an acclaimed **SPORTS TOURISM DESTINATION** since the combination of the ideal climate conditions year-round and the state-of-the-art sports facilities and infrastructure in the area provide the ideal environment for both professional and amateur athletes.

- There are many options for Sports and activities in Loutraki such as:
  - o Water Sports at Lagoon Lake Vouliagmenis <http://loutrakiwatersports.gr/>
  - o Splash Water Park Isthmus <https://splashwaterpark.gr/>
  - o Sportcamp Loutraki <http://www.sportcamp.gr/en/facilities/activities>
  - o Sportcamp Bike Rental <https://www.grcycling.com/bikes/>
  - o Zulu Bungy <https://www.adrenaline-hunter.com/en-GB/provider/zulu-bungy/4631>
  - o Escape Room <https://www.theescaperoomcorinth.com/home-teroc.html>



## ACTIVITIES IN LOUTRAKI

- The strategic position of the city at the entrance of the Peloponnese combined with the great history of the region, which dates from almost 3,000 years BC. until today, disperses sites and landmarks throughout the Municipality of Loutraki, Perachora and Agioi Theodoroi.

This makes the Loutraki the ideal starting point for short **TOURS** and **EXCURSIONS** to the most important sightseen of Greece.

### o Half Day tours:

- ☐ Ancient Corinth
- ☐ Heraion Lake
- ☐ Corinth Canal

### o Full Day tours:

- ☐ Athens
- ☐ Argolida
- ☐ Kalavryta

### o Educational Tours

- ☐ 6 km Isthmus Project <https://www.grammi.org/en/>

The SPORT TRAVEL is more than welcome to provide you even more details about the destinations and to book whatever you want from the above activities and services in Loutraki.

Contact details

Tel: +30 27440 66860 (ext. 137)

Email: [info@euroarm-loutraki2019.com](mailto:info@euroarm-loutraki2019.com)