



Statutes of the association International Federation of Armwrestling

(Translation from German version)

I. Name and Seat.

Art. 1

The "International Federation of Armwrestling" (hereinafter referred to as "IFA") is an Association within the meaning of Art. 60 ff. ZGB with headquarters in Zurich, Switzerland. The Association is an association of national member associations, which manages and controls the worldwide armwrestling according to the following statutes.

II. Purpose

Art. 2

The purpose of the association is as follows:

- a) The full development of the armwrestling discipline worldwide.
- b) The promotion of the discipline of the armwrestling through all available communication and media channels.
- c) Represent the interests of national members of the IFA to international and national government organizations, international sports organizations, including to the International Olympic Committee and other related institutions.
- d) Implementing unified competition rules and safety standards for the armwrestling around the world.
- e) Organization and implementation of the World Armwrestling Championships as well as the national and continental qualification championships.
- f) Creating favorable conditions for the development of sport, training and fair competition processes.
- g) Cooperation with international and national anti-doping agencies and government organizations.

In order to fulfill its purpose, IFA may set up branches, sections, divisions and subsidiaries in Switzerland and abroad, and participate in other domestic and foreign companies, as well as any business that is directly or indirectly related to its purpose. IAF may acquire, encumber, dispose of and administer real property for domestic and foreign purposes. It may also carry out financing for its own or third-party account in order to fulfill its purpose, as well as provide guarantees and guarantees for subsidiaries and third parties.

III. Membership

A. General provisions



Art. 3

Members of the association may become natural or legal persons and other national associations, such as armwrestling associations / clubs / federations, which are willing to recognize and promote the purpose of the association. Natural persons are, in particular, sponsoring (passive) members in the field of technical advice, legal advice, media or finance (sponsors).

The association has full members, associate members and affiliate members.

Any decision of the General Assembly on membership requires a simple majority of the votes cast.

The annual membership fee is set annually by the General Assembly. The membership fees determined by the General Assembly may vary depending on the membership category and size of each member federation.

B. Type of membership

Art. 4

Type of membership in the IFA is granted as follows:

a) full membership:

National Federations operating independently of other organizations, democratically and lawfully organized, and contributing to the development of the armwrestling.

Full members have a vote. The number of votes in the General Assembly depends on the size of the respective Federation. Federations with a total of more than 300 (literally three hundred) natural persons as members have three votes. Federations with more than 200 (literally: two hundred) members have two votes. Federations with less than 100 (literally one hundred) members have one vote in the General Assembly. Natural persons in the respective subordinate associations, associations and other organizations are counted (lowest level of the Federation) who have fully compensated their obligations (membership fees) as members.

b) Associate Membership

Other organizations and societies that recognize the IFA as a governing body and work within the rules and structures.

Associate Members have no voting rights.

c) Affiliate membership

Individuals who wish to contribute to the promotion of the armwrestling and / or participate in the IFA activities, but come from a country where no IFA member organization exists.

Extraordinary members have no voting rights.

C. Authorization and accession procedure

Art. 5

Membership of the IFA requires the approval of the General Assembly. The Board of IFA may grant provisional membership subject to approval by the General Assembly of IFA.

Art. 6



An applicant wishing to become a member of the IFA must submit a written application in English, Russian or German to the Executive Board. The application must include:

- a) completed membership application,
- b) formation documents of the national organization / association / federation concerned,
- c) The original minutes of the General Assembly of the national organization / association / federation or other competent body with the legitimate decision to join the IFA.

For natural persons only the point a) applies.

The IFA reserves the right to request further information from applicants if necessary.

Art. 7

No additional application for membership can be made by a state for which there is already a national member association of the IFA.

D. Members rights

Art. 8

Full membership, associate and affiliate membership give the member the right to participate in all activities and affairs of the IFA.

The Full Members and Associate Members have the right to submit written requests to the General Assembly.

Associate and Affiliate Members have no voting rights. The affiliate member also has no right to speak in the General Assembly.

The General Assembly may, if there is a factual reason, decide that a full member shall not be granted voting rights. The decision may only be taken together with the decision to accept the member. The subsequent grant of voting rights must be made by resolution of the General Assembly.

E. Duties of the member associations

Art. 9

The members of the association have the following duties:

- a) To comply at all times without restrictions with the statutes, regulations, directives, resolutions and other decisions of the IFA;
- b) full implementation of the legal decisions of the General Assembly, the Executive Board, the working committees and other working committees established by the IFA in accordance with these Statutes, the Rules of Procedure and the resolutions of the General Assembly;
- c) to pay dues, registration fees and other contributions provided for in these Statutes, in the Rules of Procedure, in the decisions of the General Assembly in due time;
- d) protect the interests of the IFA from international and national government agencies;



- e) To ensure the timely provision of the necessary information upon request of the IFA;
- f) Comprehensive cooperation with international government and sports organizations with which the IFA has concluded cooperation agreements;
- g) Make every effort to achieve the goals of the IFA;
- h) All other obligations arising from these statutes and other regulations.

F. Change in the type of membership

Art. 10

A full member may request the increase or decrease of the votes in the next higher or lower category, each with effect from January 1, following approval by the General Assembly. The application must be sent in writing to the President 60 days before the relevant General Assembly. An application within two years of the last increase or decrease is not permitted.

The Board may at any time require members to provide evidence that is necessary for their classification in the respective category. In the case of non-existence of the requirements or insufficient evidence, the Board of Directors has the power to submit the request for reduction of votes to the lower category at the expense of the respective member.

An Associate Member may, subject to the approval of the General Assembly, receive the status of Full Member once it has met the specific membership requirements of Articles 4 and 6 of these Articles.

G. Termination of membership

Art. 11

The membership expires through:

- a) resignation
- b) Exclusion
- c) Death of natural persons, loss of legal capacity of legal persons.

Art. 12

The resignation takes place by written declaration to the executive committee. It can only be made at the end of the calendar year, subject to a six-month notice period. A terminating member must balance his financial obligations to the IFA before termination of membership. Membership fees will not be refunded to a terminating member.

Art. 13

An exclusion can only take place if the member is guilty of dishonorable behavior or damages the interests of the association. This is particularly the case if the member seriously affects the reputation of Armwrestling as a world sport, if the member does not adequately represent armwrestling sport in his country, if the membership fees are not paid for two consecutive years or if he seriously violates the present statutes.

The exclusion will only take place after hearing the member and will be notified in writing. The exclusion applies immediately.



The excluded member may challenge the exclusion in writing within 30 days, after which the final decision of the General Assembly shall be made.

The General Assembly resolves the expulsion by a majority of at least two-thirds of the votes cast. The member concerned is not entitled to vote.

H. Resumption of membership

Art. 14

Any member excluded may, if he meets the following requirements, resume by a resolution of the General Assembly by a majority of at least two-thirds of the votes cast.

Articles 4 and 6 of these statutes apply mutatis mutandis to the application for readmission.

Resumption requires the settlement of all payments, arrears, penalties and other balances due in connection with the previous expulsion from the Federation.

I. Presidents and members for life

Art. 15

On the recommendation of the Board and with the approval of the General Assembly, members and officials who have rendered outstanding services to the IFA may be appointed honorary members.

A notification with the names of the nominated candidates must be sent to IFA members by post or e-mail.

J. Termination of membership rights

Art. 16

Withdrawal or expiration will terminate all membership rights and obligations, except the payment of outstanding debts to the IFA.

The resigned or excluded member has no claims to the assets of the IFA.

Organs IV.

Art. 17

The organs of the association are:

- A. General Assembly
- B. Board
- C. Committees

A. General Assembly

Art. 18

The ordinary General Assembly takes place annually.

The invitation to the General Assembly shall be made at least 45 days in advance in writing or by e-mail by the Board of Directors, indicating the agenda.

Applications to the General Assembly must be sent in writing to the President no later than 30 days in advance.



A member who is in default of membership fees can not submit any agenda amendments other than the application for demotion in membership status.

Art. 19

An Extraordinary General Assembly shall be convened by decision of the Board or at the request of at least one fifth of the members. The invitation must be made at least 21 days before the regular General Assembly.

Art. 20

The duties and responsibilities of the General Assembly are as follows:

- a) Approval of the minutes of the last General Assembly;
- b) acceptance of the annual report, the annual financial statements and the report of the Management Board;
- c) discharge of the board;
- d) fixing the annual budget and annual contributions;
- e) Election of the President, the Vice-President and the other members of the Executive Board;
- f) handling requests of the board and members;
- g) admission of new members;
- h) The decision on membership issues (admission, membership status changes, exclusion and resumption);
- i) decide on important transactions submitted to it by the Board;
- j) The election in honorary posts;
- k) amendment of the Articles of Association;
- l) dissolution of the association;
- m) And other tasks and competencies defined in the statutes or other regulations.

Art. 21

Resolutions at the General Assembly are passed in open ballot with simple majority, unless otherwise stipulated in the Articles of Association.

Voting will only be secret if requested by a majority of the members present. In case of a tie, the President has the casting vote.

All members present have the same voting rights, unless the statutes stipulate otherwise.



The legal entities and other organizations exercise the right to vote by authorized representatives.

Members who are in arrears with membership fees and other contributions may not be represented at a General Assembly.

In deciding on the own discharge as well as on a legal transaction or a legal dispute between a member and the association, the affected member is excluded from voting.

Art. 22

Each national member association and other member organization are entitled to send no more than two authorized representatives (delegates) to the General Assembly.

If none of the delegates speak English or Russian, the delegation is entitled to hire an interpreter at their own expense.

The names of the delegates must be communicated to the board before the opening of the General Assembly.

Each IFA member is entitled to replace the delegates with other persons at any time prior to the opening of the General Assembly.

Each delegation has the right to vote uniformly.

Art. 23

The Chairman of the General Assembly is the President or, in his / her absence, a Vice-President or another member of the Board of Directors who is appointed by the Board of Directors.

At the beginning of each General Assembly, the Chairman will designate two tellers and a secretary and ensure that the General Assembly is conducted efficiently and in accordance with the Statutes and the Law.

The secretary should primarily be appointed.

Art. 24

A report is kept in the course of the General Assembly. The protocol is written in English and Russian. It will be sent to all members and all members of the Executive Board by post or by e-mail within one month of the date of conclusion of the General Assembly.

Appeals against the protocol must be addressed in writing to the President within one month in writing, giving reasons.

The minutes are to be approved by the next General Assembly.

B. Board

Art. 25

The Executive Board consists of four members and is elected by the General Assembly for a four-year term of office.

The Board of Directors has a quorum if the President and another member of the Board are present. In the event that the President can not attend the meeting and does not wish to cancel



the meeting or is unable to cancel it, the quorum shall be satisfied by the presence of the Vice-President.

The Board meets twice each year during its term of office. Extraordinary meetings are allowed. It is convened at the request of the President or at the request of a member of the Executive Board. Resolutions are passed by a simple majority of the votes cast. In case of a tie, the President may give the casting vote.

In urgent cases, the board can decide by mail, fax or e-mail.

Art. 26

The Board consists of:

- a) President
- b) Vice President
- c) Secretary
- d) Treasurer

Office cumulation is allowed.

Art. 27

The President, the Vice President and the other members of the Board are elected by the General Assembly.

Candidates may apply in writing no later than 60 days before the respective General Assembly.

The President-in-Office and Vice-President may stand for re-election.

The names of the nominated candidates must be sent to the IFA members 30 days in advance.

- a) The President and the Vice-President are elected at the General Assembly in accordance with the following procedure:

If there is only one candidate, it will be declared voted. In the case of two or more candidates, the first ballot will be decided by a simple majority of all votes cast. If a second or further ballot is necessary, the candidate with the lowest number of votes will be eliminated until only two candidates remain. In this case, the simple majority decides.

If, in a ballot where only two or more candidates remain, the election ends in a draw, another ballot takes place. Should the election result in a tie again and one of the candidates has held this office immediately before, the latter will be declared as the elected candidate; otherwise, the acting president will decide at the time of opening the General Assembly.

- b) The following procedure applies to the election of the other members of the Board:

The two other board members are selected from the total number of nominated candidates in the order of the number of votes attributable to them.

If the required number of other members of the Executive Board is exceeded due to a tie, further ballots will be held between the candidates who have not been elected due to a tie vote until the



full number of Board members is elected. If, in a ballot where only two or more candidates remain, the election ends in a draw, another ballot takes place. Should the election result in a tie again and one of the candidates has held this office immediately before, the latter will be declared as the elected candidate; otherwise, the acting president will decide at the time of opening the General Assembly.

Art. 28

At the first meeting following the Ordinary General Assembly, the President appoints from among the members of the Board a treasurer and a secretary for a term of office that corresponds to his term of office as a member of the Board of Directors.

Art. 29

The executive committee is entitled to all powers, which are not expressly assigned to another organ of the association. These are in particular:

- a) Preparation and execution of the ordinary and Extraordinary General Assemblies;
- b) attend the ordinary and extraordinary General Assemblies;
- c) Issue of regulations, in particular anti-doping regulations and IFA guidelines and procedures;
- d) admission and exclusion of members;
- e) The management and administration of the association, including the structure of the accounting, financial planning and financial control, in particular the preparation of the annual report and the annual financial statements.

Resolutions of the board are made with the simple majority of those present.

Art. 30

The board represents the Association to the outside. A board member draws collectively to two.

Art. 31

The Board may form and dissolve committees that advise and support it in the performance of its duties. Each committee should have a specific task and the number of members the board considers appropriate.

The committee is composed as follows:

1. Committee Chairman
2. Committee Secretary
3. General Members

The Chairman directs and represents the committee. In particular, it shall set the session data of the Committee and report to the Board on the current status of the assignment.

Art. 32

In particular, the President has the following duties:



- a) chairs all general assemblies and board meetings;
- b) ensures that all meetings are conducted in accordance with the Statutes;
- c) represents the interests of the IFA externally.

In the event of the resignation of the President before the end of his term of office, the Vice President will temporarily serve as President until General Assembly elects the new President.

Art. 33

The cashier is responsible for the accounts of the association. In particular, he handles payment transactions, requests the membership fees, makes proposals for the development of financial resources and oversees the association's budget.

Art. 34

The secretary keeps the minutes at General Assemblies and meetings. He manages in particular the member files, the archive and other club documentation, as well as the club correspondence. He supports the administrative and organizational tasks of the Executive Board.

Art. 35

In urgent cases, the Board of Directors may pass resolutions that are the responsibility of the General Assembly. Such resolutions are to be approved by the next General Assembly.

In the case of non-approval of the decision of the Board of Directors of the General Assembly, the decision will be declared invalid and the status quo will be restored before the decision.

Parties affected by the invalid decision of the Board of Management are not entitled to compensation.

Art. 36

If a member of the Executive Board resigns during his term of office, a successor for the remainder of his term of office may be elected at the next General Assembly.

V. Federation's assets and liability

Art. 37

The assets of the association consist in particular of the annual contributions of the members, of surpluses of the operating account, of any donations, event contributions, licenses, bequests, income from the investment of assets and additional income.

Art. 38

For the liabilities of the association is liable exclusively the association's assets. The personal liability of the members for the liabilities of the association is excluded.

VI. Other

Art. 39

The annual membership fee is due on January 1 of each year. New members must pay the membership fee 30 days after the end of the General Assembly that has passed the relevant admission decision.



The amount of the annual membership fee is set annually at the proposal of the Executive Board by the General Assembly.

In certain cases, the board may exempt the individual members from the obligation to pay the annual subscription. The exemption is valid for two years and may be extended by the General Assembly.

Art. 40

The IFA can offset its claims against members' balances.

Art. 41

English, Russian and German are the official languages of the IFA. English is the official language for protocols, official correspondence and notices.

The members are responsible for translating into their own language.

English and Russian are the official languages of the General Assembly. The translation into these languages is done by interpreters. The delegates can speak in their native language if they provide the translation by an interpreter in one of the official languages of the IFA.

The statutes and implementing provisions of the statutes are written in the three official languages. The German text is authoritative.

Art. 42

In the case of the letter, the time of delivery to the addressee and, in the case of an e-mail, the data provided by the system are decisive for compliance with the deadlines stipulated in the articles of incorporation.

The receipt of the e-mail should be confirmed by the addressee within one week after the data given by the system.

Art. 43

IFA is the sole owner of all commercial rights for all IFA events and related activities. The exercise of these rights applies to all members of the IFA, in particular to all national member associations, their bodies, clubs, officials, teams, athletes and any person or entity involved in any kind of IFA event and / or other IFA activities participate or otherwise participate.

The IFA Board has the authority to exploit these rights to further the objectives of the IFA. These rights include, in particular, property rights of all kinds, audiovisual and auditory recording, broadcasting and reproduction rights, multimedia rights, promotion and marketing rights, as well as intellectual property rights.

If national laws require such commercial rights or parts thereof to be owned by a member, in particular a national association or one of its sub-organizations, an application for holding an event can only be made if such commercial rights are assigned to IFA. The event rights are granted only under this condition.

The board decides on the way of recovery and on the scope of use of these rights.

Art. 44

The Disciplinary Committee consists of a chairman, a deputy chairman and two other members.



The members of the Disciplinary Committee are appointed by the Board for one year. Board members may not be members of the Disciplinary Committee.

The members of the Disciplinary Committee should have the knowledge, skills and experience necessary for the proper performance of their duties.

The Chairman and Vice-Chairman of the Disciplinary Committee must have legal qualifications.

The members of the Disciplinary Committee are independent, non-directional and accountable to their decisions.

Decisions of the Disciplinary Committee may be appealed to the Board.

The decisions of the Board are final and binding on all parties concerned. The appeal to the Court of Sport (CAS) remains reserved.

Art. 45

The Disciplinary Committee decides in the presence of at least three members. The decision can also be made by mail, fax or e-mail.

Art. 46

The Disciplinary Committee may impose on members, clubs, officials, armwrestlers and mediators the sanctions set out in these Statutes.

The disciplinary powers of the General Assembly and the Executive Board regarding the exclusion of members remain reserved.

The disciplinary measures are in particular:

- a) a warning
- b) Temporary suspension of voting rights
- c) Exclusion

The disciplinary measures are applied in case of:

1. Violation of the written statutes, regulations, decisions and guidelines of the IFA;
2. Violation of the IFA Anti-Doping Regulations;
3. Violation of the IFA Directive and procedures;
4. Commitment to any act of active or passive corruption or the attempt of active or passive corruption;
5. Damage to the image of the armwrestling, the IFA or their members through behavior, words or deeds;
6. Serious breach of verbal or written instructions and instructions given by IFA officials;
7. Conduct that improperly influences the course or result of the competitions;
8. Unsatisfactory and / or biased judging / referees at competitions;
9. Use the IFA, its name, means or infrastructure for targets that harm the armwrestling;
10. Offensive behavior towards the IFA members, the armwrestling or the IFA officials;
11. Harassment and / or abuse of any person or group of persons in any way, in particular due to their race, color, gender, sexual orientation, language, religion, political or other opinion, national or social origin, their assets, birth, handicap, physical characteristics or sporting ability or other status;



12. Violation of Swiss criminal law;
13. Violation of contractual obligations to IFA.

Art. 47

Any disputes or disputes relating to the association, whether between members or between members and the association, shall be settled by arbitration before the Court of Arbitration for Sport (CAS), Lausanne, Switzerland, after the appeal and all review procedures within the IFA completely exhausted. The appeal period is 3 weeks after receiving the relevant decision. The arbitration shall be conducted in German. The Court of Sport (CAS) applies primarily the acts of the IFA (in particular the statutes and regulations) and, in addition, the Swiss law.

Art. 48

All parties subject to the Schiphol Court procedure accept that the Court of Arbitration for Sport (CAS), located in Lausanne, Switzerland, is the last appellate court. The decisions of the Court are final and binding on all parties.

VII. Amendments to the Articles of Association and Dissolution

Art. 49

For a change in the statutes or the dissolution of the association, the presence of at least three quarters of all full members and the absolute majority of the votes cast are required. If one of the quorums is not reached, a second General Assembly with the same agenda items must be convened within 8 weeks. This is quorate regardless of the number of members present. The absolute majority of votes cast is required.

Art. 50

In case of dissolution of the association, the General Assembly determines the use of liquidation proceeds.

VIII. Entry into force of the Articles of Association

Art. 51

These statutes were approved in the present form at the founding meeting and immediately put into effect.

Zurich, 11.06.2019

The Provisional President:

The Secretary: